



Women for Ourselves

Papamoa Family Services is offering a free supportive group programme for women who want to be inspired, supported and encouraged

“We cannot become what we want to be by remaining what we are”

MAX DEPREE

Do you:

- Feel isolated?
- Find yourself saying “Yes” when you really want to say “No”
- Sometimes wonder what the future holds for you?
- Want to build the life you dreamed of having?
- Want to meet other women like yourself who are seeking something better?

If you answered “YES” to any of these questions and you want to be part of a group of likeminded women exploring exciting possibilities for self growth, then come along and join us.

Women for Ourselves

10am till 12 noon, every Thursday during school terms time – no cost.

For further information and to enrol, contact Heather at: Papamoa Family Services, 35E Hartford Ave, Papamoa opposite the playground.

P: 07 574-7170

C: 021 944 331

E: family.pfs@acw.org.nz

www.anglicancrewaiapu.nz